

01

What's your personality type?

LANGUAGE PRACTICE
Review: verb tenses; Intransitive phrasal verbs

VOCABULARY
Personalities

SPEAKING AND WRITING
Discussing friendship styles;
A comparison

VOCABULARY

1 Read the flyer and complete the text with the words from the box.

risks	socialize	comfort zone	kindness
adventurous	passionate	attitude	experience (v.)

WARMUP
What words would your friends use to describe you?

Camp
Mooseprints

Would You Like to Be a Kids' Camp Counselor?

We're looking for a certain type of person to join our team next summer at Camp Mooseprints. First and foremost, our counselors are ¹ passionate about being outdoors and working with kids. You'll be leading daily activities such as hiking, boating, tracking animals, and finding food in the forest. So, you must be ² _____ and resourceful, too!

You must also be willing to take some ³ _____. For instance, have you ever come face to face with a bear or been bitten by a snake? We're looking for people who will act fast if they ever ⁴ _____ something like this. If you haven't faced these situations, we'll train you.

Being a counselor is not all about outdoor survival. It's also about doing creative activities with the kids. If you're shy, you may need to step outside your ⁵ _____ because we encourage counselors to be silly while leading games, singing, and more. You'll also have time to ⁶ _____ with your fellow counselors. Many have made lifelong friends by our campfires!

There are two more essential traits we look for in our candidates.

One is a positive ⁷ _____ because when things don't go the way you've planned, it's important to be able to improvise. The other trait is ⁸ _____. Children need leaders who treat them well and help them if they're having trouble!

Do you have what it takes? Contact us today!

Camp Mooseprints 774-1502 counselors@campmoose.org



2 Complete each statement with a word from Activity 1. Then decide whether the statement is true for you, or rewrite it with your own information.

1. I am passionate about sports! I really love playing and watching them.
2. I need to step outside of my _____ to go dancing. I find it embarrassing.
3. I don't like to take _____. For example, I always stick to the speed limit when I'm driving.

3 **PAIR WORK** Discuss your answers to these questions.

- What kind of challenges might you face as a counselor at the camp?
- Would you want to be a counselor, and would you be able to?

LANGUAGE PRACTICE 1

Review: verb tenses

Grammar Reference page 106

Present tenses

Mi Cha **goes** rock climbing every weekend. She **is planning** a trip to Boulder Canyon next year. She **hasn't been** to Colorado before. The trip **is being organized** by her rock climbing club.

Past tenses

Before I **met** my best friend, I **hadn't known** anyone quite as adventurous. I **was living** in a very small town. I **had been taught** to never take risks.

Future tenses

Andrés **won't swim** with us at the beach. He'll **be staying** at the hotel pool all day. He's afraid we **will be attacked** by a shark!

1 Choose the correct option to complete each sentence.

1. I haven't experienced / *didn't experience* many dangerous situations in my life.
2. During his interview, Luis *had asked* / *was asked* about how often he gets out of his comfort zone.
3. Students *are not giving* / *won't be given* the chance to turn in their final papers late.
4. Before learning English, Tam *had studied* / *is studying* French for many years.
5. I'm sorry I can't make it to your party next week. *I'll be visiting* / *'ll be visited* my parents in Colombia.
6. When Ben turned around, he noticed that he *was following* / *was being followed* by a bear!

2 Write the correct form of the verbs in the box in the description (sometimes more than one answer is possible).

travel never meet always sing draw start show see read


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I'm from a small, boring town. So before I ¹ started college, I ² _____ so many strange and interesting people!

For example, my roommate Kanya ³ _____ pictures of people who she sees sleeping in public. Next week, her work ⁴ _____ at the university art gallery as part of a big exhibition. I have to miss it because I ⁵ _____ to Canada for vacation. However, I have promised her that I ⁶ _____ her next exhibition in the summer.

Another interesting person at college is my psychology professor. I ⁷ _____ a book on the bench outside the psychology building on my first day, when I saw him come out, dancing and singing a song. He ⁸ _____, every time I see him outside of class. What a happy guy!

I'm glad to finally be meeting people with such interesting personalities.

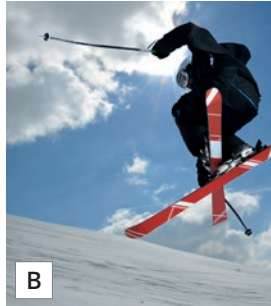


3 PAIR WORK Think about an interesting person you have met. Share your thoughts with your partner. Use a variety of verb tenses.

LISTENING

1 BEFORE YOU LISTEN Ask and answer the following questions in pairs. Look at the photos.

- What are the people doing?
- How do you think they feel?



2 Listen to the radio program and complete the statements with *Amy, Dan, or Lily*.

1. Dan enjoys extreme snowboarding and rafting.
2. _____ is a psychology student.
3. _____ explains how extreme sports affect a person.
4. _____ gets very anxious in stressful or dangerous situations.
5. _____ has never been skiing.

3 Listen again and decide if the following statements are true (T), false (F), or if the information is not given (NG).

1. A "Type T" personality is someone who looks for thrills and exciting activities. (T) F NG
2. Amy, Dan, and Lily are all Type T personalities. T F NG
3. Adrenaline and endorphins are chemicals produced during extreme activities. T F NG
4. Dan feels calm while doing extreme sports. T F NG
5. Lily talks about a study that suggests it is harmful for children to do activities involving risk. T F NG
6. Lily wants to go skiing with Amy. T F NG

4 LISTENING PLUS Listen to more of the radio program. Complete the summary.

In order to test Lily Zhou's ¹ theory about the ability of risky activities to reduce ² _____, Amy has taken a skiing lesson on a small slope. Now, she's going down a second slope, which she describes as ³ _____, although Dan disagrees with that description. Afterwards, she confirms that although the experience was ⁴ _____, it was also incredibly ⁵ _____. She felt some of her fear transform into ⁶ _____ feelings, though she never really felt ⁷ _____. So Dan asks her if she wants to try again on a ⁸ _____ hill. However, she prefers to go into the ski ⁹ _____ and get herself some hot ¹⁰ _____.

5 PAIR WORK Ask and answer the following questions.

- Would you do any of the activities in the photos?
- Why or why not?
- What activities do you enjoy, and how do they make you feel?

LANGUAGE PRACTICE 2

Intransitive phrasal verbs

Grammar Reference page 106

dress up:	The restaurant is pretty fancy, so you'll need to dress up . / Young children love to dress up in their parents' clothes.
drop by:	Why don't you drop by some time this weekend so you can see my new kitten?
fall through:	Anne was devastated when her wedding plans to Richard fell through , but two years later she married someone much better suited to her.
get along:	Mónica and Walid don't get along at all. I can't invite them both to my dinner party, or there will be drama!
get by:	New York is expensive, so it's hard to get by there with a low-paying job.
give up:	Emily found Cantonese very difficult to learn. She gave up after one semester.
go off:	Max had some vacation time, so he went off to the countryside for a few days. / My dad forgot to turn off the burglar alarm, so it went off when we got in.
work out:	Instead of running this morning, I'll work out at the gym later. / We had several problems planning the event, but everything worked out perfectly in the end.

1 Complete the sentences with the correct phrasal verbs from the box above.

- Lila's dinner plans fell through last night, so she stayed home and ordered a pizza.
- Hannah wears jeans and a T-shirt to class, but she _____ for her job.
- Marc got angry and _____ by himself without saying goodbye.
- If you want to become an extreme athlete, you need to keep on working hard. Never _____!
- My roommate and I had a huge disagreement this weekend, but fortunately everything _____, and we're _____ fine now.
- Faisal _____ to see us yesterday. I was surprised to see him at my house!
- I'm practical and don't buy expensive things. I _____ with very little money.

2 Complete the paragraph with the phrasal verbs above in the correct form.

I was planning to visit my cousins last weekend, but that all ¹ fell through, so I found myself with nothing to do. My friend Liam was having a Halloween costume party, but I didn't have the time or money to go out and buy a costume. I almost ² _____ and just stayed home! But then I decided I could ³ _____ with things I had around the house. I decided to ⁴ _____ as a bag of trash! I found an extra-large trash bag and cut two holes for my arms and two holes for my legs. I filled it with newspapers, and tied it loosely around my neck. Then I ⁵ _____ Liam's for a few hours. Everyone laughed at my simple costume! I was having fun at the party. I met some new people, and we were all ⁶ _____ great, but I was starting to feel tired, and I knew I would have to get up early the next morning. My alarm ⁷ _____ at 6:00 a.m. every day because I ⁸ _____ in order to train for the marathon I will be running in April.



3 GROUP WORK Ask and answer the following questions.

- When is it good to continue with an activity, and when is it OK to give up?
- Do you like to dress up? What do you usually dress up for?
- When was the last time you had big plans that fell through? What did you do about it?

READING

1 PAIR WORK Do you consider yourself a shy or a confident person? Why? Discuss with a partner.

2 READING Read the social media thread. Choose the correct meaning of the underlined words.

- 1. awkward
 - a. acting in an aggressive way
 - b. feeling better than others
 - c. not fitting in with a group
- 2. meme
 - a. a funny image shared on social media
 - b. a strong opinion about a topic
 - c. a friendly interaction with a stranger
- 3. misconception
 - a. annoying habit
 - b. incorrect belief
 - c. difficult argument
- 4. outgoing
 - a. energetic, awake
 - b. athletic, active
 - c. friendly, confident
- 5. overwhelmed
 - a. feeling very little interest
 - b. extremely frightened
 - c. having too much to deal with
- 6. acceptance
 - a. taking help from someone
 - b. being allowed into a group
 - c. receiving an award
- 7. skip
 - a. attend briefly
 - b. break up, stop
 - c. avoid completely
- 8. drained
 - a. having low energy
 - b. feeling positive
 - c. not popular

READING TIP

When you see a word or expression you don't understand, look for clues in the text around it to help you guess the meaning.

The screenshot shows a social media post by Nabil J. titled "Introverts and extroverts". The post asks "Which one are you? I'm 100% the one on the right!" and includes two images: "Extroverts when their Friday night plans fall through" (a man covering his face) and "Introverts when their Friday night plans fall through" (a woman eating). Below the post are two replies. Rania G. replies: "I'm with you, Nabil. I'm lazy about going out, and I'm SO socially awkward! 😞 I get really uncomfortable around big crowds of people. I'm afraid I'll say something weird or embarrassing. I'd much rather stay in my comfort zone at home with a book ... or maybe at my computer writing comments on social media posts! 😊". Sara T. replies: "Now, hold on. I keep seeing memes like this, and I think people have some misconceptions about what it means to be an introvert or an extrovert. Being an introvert is not the same thing as being shy or disliking people, and being an extrovert is not just about being outgoing or popular. It's all about how your brain works, and where you get your energy from. Take a look at this!"

FACT: The terms “extrovert” and “introvert” were first used by the Swiss psychiatrist Carl Jung in the 1920s.

EXTROVERTS ...

- prefer to turn their focus outwards, to the outside world.
- become bored when they are alone.
- gain energy from interactions with others.
- like to talk to many people about many topics.
- make rapid connections between ideas, and can make decisions quickly.

INTROVERTS ...

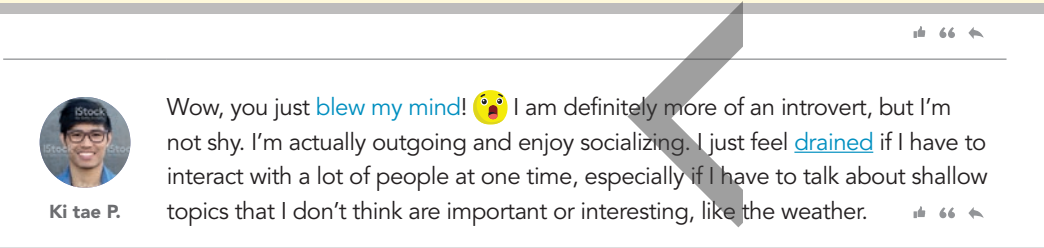
- prefer to turn their focus inwards, inside themselves.
- become **overwhelmed** by too many social interactions.
- gain energy in **solitude**.
- prefer deep conversations with few people.
- have complex thoughts and take longer to reach decisions.

Most people are not 100% extroverted or introverted, but a combination of both. Actually, extroversion and introversion are on a **spectrum**. People who are in the middle are known as **ambiverts**.



Did you know ...? Although many introverts are shy, introversion and shyness are two different things. In fact, many extroverts also describe themselves as shy, or even socially awkward. Shyness comes from a natural human desire for **acceptance** by other people and a fear of saying the wrong thing, which might lead to being embarrassed or rejected. Some people suffer from extreme shyness, or social **anxiety**, which makes social interactions difficult – but some of those people may still have extrovert tendencies. Many extroverts simply overcome their shyness to connect with people.

On the other hand, many introverts may not be shy at all about talking to strangers or connecting with people. In fact, many introverts are **performers**. They have no trouble getting up in front of large crowds to sing, dance, act, or tell jokes. But after their performance, they may **skip** the large parties and go directly to their room for some alone time, or to connect with a close friend.



3 Complete the chart with the name/s of the correct person or people.

Who ...	
1. shared information about introverts and extroverts in the thread?	Sara T.
2. is a socially confident person?	
3. prefers to stay home instead of going out?	
4. identifies as more of an introvert?	
5. does not give much information about his/her personality?	

4 **GROUP WORK** Discuss the following statements. Share with the class.

1. Introverts make better friends than extroverts.
2. In our society, it's more valuable to be an extrovert than an introvert.
3. Everyone should try to overcome their shyness.

WRITING

1 PAIR WORK Ask and answer the following question.

- What makes two people get along well together?

2 Read the comparison. What is similar about the two friends and what is different?

My closest friend Harumi and I get along extremely well because we have a lot in common. We share similar values; that is, we agree about what is important to us in life, like honesty. Also, we have a similar sense of humor, so we laugh at a lot of the same jokes. We always have a fantastic time together. In addition, both of us enjoy a wide range of foods. We are both rather adventurous eaters! So we often go out looking for new restaurants.

However, there are several ways in which our personalities are quite different. For example, I am more of a math and science person, whereas she is more of an artist. Generally, I can be rather shy, while Harumi will talk to anyone and everyone she meets! Also, she works much more and much harder than I do, both at school and on her own personal projects.

In contrast, I tend to relax and watch more TV than she does. I guess I am lazier than she is!

We are very close friends who have a lot of differences. But I think what makes us different also makes our friendship interesting!



3 Complete the sentences with the words in the box that show similarities or differences.

however contrast common agree same whereas different similar share

The author and her friend have many things in ¹ common . That is, they ² _____ many interests and have many ³ _____ traits, such as a love of new foods. They like many of the ⁴ _____ things; ⁵ _____ , their personalities are also ⁶ _____ in many ways. The author is rather lazy, ⁷ _____ Harumi is a very hard worker. Furthermore, Harumi is artistic; in ⁸ _____ , the author is mathematical and scientific. All in all, though, the two ⁹ _____ about the most important things in life, and that's what makes their friendship so strong.

4 Think about a close friend you have. What traits and interests do you share? What is different about you? Complete the chart.

Similarities	Differences

5 OVER TO YOU Use your notes. Write a comparison of you and your friend. Describe some of your similarities and differences. Use the text above and the language in Activity 3.

SPEAKING



1 PAIR WORK Describe the pictures. Which looks the most enjoyable to you? Why?



2

Look at the questionnaire. Answer the questions based on your preferences and experiences.

What's Your FRIENDSHIP STYLE?

- 1 Do you have ...**

lots of friends from many different groups? just a few very close friends?

Other: _____
- 2 Do you socialize ...**

more on social media? more in real life?

about the same amount for both? Explain: _____
- 3 Do you usually ...**

talk on the phone with friends? communicate in text messages?

talk and text about the same amount? Explain: _____
- 4 On a Saturday night, do you prefer to ...**

get together with a big group of friends? stay home alone and watch a movie?

Other: _____
- 5 If you feel angry at a friend, do you ...**

discuss your feelings openly with him/her? keep your feelings to yourself?

Explain: _____
- 6 In your opinion, which is the most important trait for a friend to have?**

honesty kindness sense of humor Other: _____



3 PAIR WORK Ask your partner the questions on the questionnaire. Make notes about your partner's answers in your notebook. Then switch roles. Explain your answers.



4 GROUP WORK Explain to the group how you and your partner are similar or different in your friendship styles.

Kim likes talking on the phone, whereas I prefer texting, especially late at night!

SPEAKING TIP

Use transition words and phrases to compare and contrast ideas:

*David prefers to stay home **whereas** I prefer to go out; **Unlike** my partner, I don't use social media at all; What we have in common is that we **both** prefer to socialize in person.*

GO ONLINE
for grammar,
vocabulary, and
speaking practice