



# I've been running.

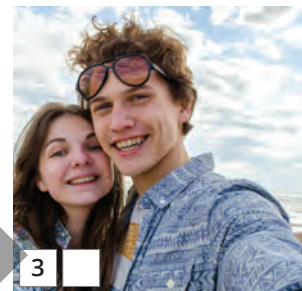
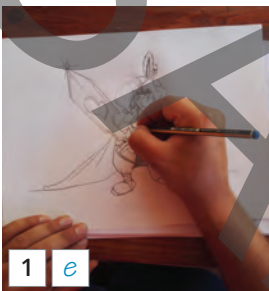
**SPEAKING**  
Describing free-time activities  
**GRAMMAR**  
Present perfect continuous  
**LISTENING**  
A podcast about hobbies  
**READING**  
An interview about a hobby

**WARMUP**  
What do you enjoy doing in your free time?

## VOCABULARY

**1** Match the free-time activities with the photos. Write the correct letter. Then listen and check your answers.

- a. run marathons    c. make videos    e. draw cartoons    g. collect comic books  
b. play the violin    d. take selfies    f. do volunteer work    h. go for hikes



**2** Complete the chart with the words in the box. Then add more words from the pictures.

martial arts    music    yoga    classes    autographs    photos

take ...	do ...	play ...	collect ...
	martial arts		

**3 CLASS ACTIVITY** Find three classmates who like one of the free-time activities above.

Do you like playing the violin?

Yes, I do. I practice every day.

### VOCABULARY TIP

Learn common verb / object pairs.

- collect - comic books
- coins
- dolls
- do - volunteer work
- martial arts
- sports

# CONVERSATION



**1** Complete the conversation. Then watch and check your answers. Practice the conversation with a partner.

- a. an airline    b. running    c. exciting    d. juice bar

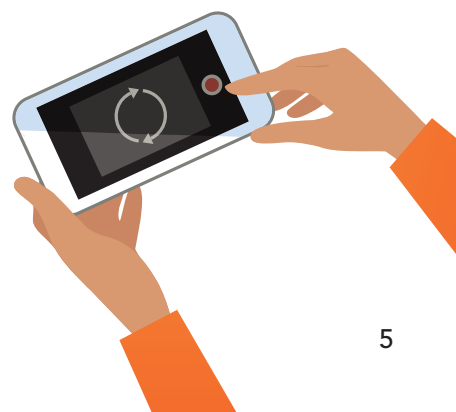
Amy    Ricardo! You look as though you've been **1** !  
 Ricardo    Hey, Amy. It's good to see you! Yes, I'm training for a marathon.  
 Amy    Good for you! I was wondering where you were. I haven't seen you at the **2** lately.  
 Ricardo    Yeah, I get up pretty early to run before it gets too hot. How are you? What have you been up to?  
 Amy    I'm good. I have a new job with **3** , so I've been traveling a lot.  
 Ricardo    Cool! Where?  
 Amy    Oh everywhere, I've been to Japan, Brazil, and Italy this year.  
 Ricardo    How **4** ! You have to take me with you next time.

**2 PAIR WORK** Practice the conversation again. Use the ideas below. Add your own ideas.

1	2	3	4
working out	coffee shop	an international bank	interesting
exercising	cafe	a tech company	wonderful
_____	_____	_____	_____

**3 OVER TO YOU** Work in pairs. Make a video of your conversation. Talk about what you've been doing recently.

Student A    Ask your partner what he / she has been doing recently.  
 Student B    Say what you've been doing and why.



## LANGUAGE PRACTICE



## Present perfect continuous

Grammar Reference page 114

You look as though **you've been running**. What **have you been** up to?  
 He's **been running for** almost a year. I've **been traveling** a lot.  
 Has she **been working** there long? **Have you been playing** computer games all day?  
 Not very long. She's **been managing** their social media **for** only a few months. No, I haven't. I've **only been playing since** noon.

1 Complete the sentences with *for* or *since*.

- He's been collecting autographs since he moved to LA.
- Have you been studying Japanese \_\_\_\_\_ many years?
- They've been running \_\_\_\_\_ hours!
- Has she been drawing \_\_\_\_\_ this morning?
- She's been playing the violin \_\_\_\_\_ she was young.
- He's been making videos \_\_\_\_\_ a very long time.

## 2 Complete the conversations.

- A Where \_\_\_\_\_ you \_\_\_\_\_ (hide) lately? I haven't seen you around.  
 B I \_\_\_\_\_ (study) Chinese.  
 A Oh? Me too! How long \_\_\_\_\_ you \_\_\_\_\_ (learn) it?  
 B \_\_\_\_\_ two months. I (travel) \_\_\_\_\_ there a lot recently, so I need it!
- A What \_\_\_\_\_ you \_\_\_\_\_ (work) on this semester?  
 B Actually, I \_\_\_\_\_ (do) volunteer work.  
 A Nice! What kind of volunteer work?  
 B I \_\_\_\_\_ (help) with a community garden.



## 3 PAIR WORK Give your own responses to the questions in activity 2. Then practice the conversations with a partner.

- A Where have you been hiding lately? I haven't seen you around.  
 B I've been taking art classes!

## PRONUNCIATION

## Saying statements as questions



## 1 Listen to the speaker say the sentences twice. Notice the falling intonation for statements and rising intonation for questions.

- He's been studying Chinese for a year.
- She's been sleeping all day.
- They've been cooking since noon.
- The kids have been playing all morning.



## 2 Listen again and repeat. Try to use rising and falling intonation correctly.

## LISTENING

**1** **BEFORE YOU LISTEN** Match the photos to the descriptions.

- a. He does martial arts.    b. She makes costumes.    c. He plans bicycle tours.



1



2



3

**2** Listen to people talking about hobbies. Choose the correct answer.

- Paco lives in a city / the mountains.
- Paco's customers are tourists / artists.
- Paco teaches them photography skills / history and culture.
- Kristin makes cosplay / historical costumes.
- Kristin's customers like to dress up as superheroes / movie stars.
- Kristin sells her work online / at conventions.

**3** Listen again. Answer the questions.

- What was Paco doing when he got the idea for his business?
- How long has he been doing it?
- Who does he work with?
- Where was Kristin when she discovered her hobby?
- How did the Internet help her with her hobby?
- How did she get her first customers?

**4** **LISTENING PLUS** Listen to the rest of the show. Choose (✓) *True* or *False*.

- Kenji got the idea for his business on a high school trip to Japan.
- Kenji likes karate because it is very competitive.
- Kenji hopes to help people learn discipline.

True    False

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

**5** **GROUP WORK** Discuss these questions.

- Who do you think has the best career-hobby? Why?
- Which hobby would you make into a career?

I think Paco has the best career-hobby because he works outside and meets people from different places.



## READING

1 **BEFORE YOU READ** Look at the photo in the interview. How do you think it was taken?

## CAMERA IN THE SKY

What do birds see? Jia Han knows. The 23-year-old **aerial** photographer specializes in using drones to take pictures of the world below. Jia's photos have gained attention in photography **contests**. Recently *PVQ* magazine caught up with Jia on a shoot in Seoul.

**PVQ** So Jia, how long have you been doing aerial photography?

**JH** Well, it started with a motorcycle accident. Not mine, but a friend's. She had to stay in bed for a year, so she rented a special drone camera that she could control from her room. I started playing with it and **eventually** got my own. That was about three years ago. I've been using one ever since.

**PVQ** So what sorts of **landscapes** attract you?

**JH** I like hills, the way they change shape, and the desert at sunrise.

**PVQ** Is a drone difficult to **navigate**? It seems like you'd have to make a lot of choices about where to fly to get a good shot. Is that a key skill for the photographer?

**JH** Definitely. Aerial photographers have a much bigger **range** than people on the ground. We can go 20 meters up or 50, and that decision is really going to affect the picture.

**PVQ** I'll bet. So what do you recommend for people who are getting started?



**JH** The ocean. The beach always looks amazing from above, especially a **tropical** beach with all the different blues and whites. I've also seen some beautiful pictures of forests in winter. But artists have to be patient to find that one perfect shot.

**PVQ** It must be exciting to be one of the first people doing this sort of work.

**JH** Absolutely! A plane flies too high and too fast to **capture** the details, so this is the first time photographers have been able to show our planet in this way.

**PVQ** It sounds like you have a real passion for this art form. Thank you so much for sharing.

**JH** Thank you.

2 **Read the interview. Answer the questions.**

1. Who is Jia Han?
2. How did she discover her hobby?
3. What is an important skill for an aerial photographer?
4. What one quality is useful for an aerial photographer to have?

3 **Match Jia's ideas to the landscape.**

- |  |                                 |
|--|---------------------------------|
| 1. ___ Jia's favorite type of landscape.               | a. Snow-covered trees in winter |
| 2. ___ Jia admires this type of photo by others.       | b. A tropical beach             |
| 3. ___ Jia's suggested location for new photographers. | c. The desert in the morning    |

4 **GROUP WORK** Discuss these questions.

1. Where would you take an aerial photograph or video?
2. What other hobbies can you do outdoors?

I would take an aerial photo of our town.

## SPEAKING

## What have you been doing?

- 1 Look at the chart. Have you been doing these activities recently? Add your own idea. Select (✓) the columns that are true for you.

	a lot	a little	not at all
taking photos / making videos			
doing volunteer work			
going to concerts / playing music			
cooking / trying new food			
playing computer games			
watching / playing sports			
_____			

- 2 **PAIR WORK** Ask your partner if they have been doing any of the activities in the chart recently. How are your activities similar or different?

- A Have you been taking photos recently?  
 B No, I've making videos of my cat. I've been posting them on my social media page.  
 A How cute! I've been playing computer games a lot. So we are both online, but we have been doing different activities!

- 3 **GROUP WORK** Play the board game in groups of three.

Each player flips a coin on a turn. Heads move 1 space. Tails move 2 spaces. Answer the questions in the squares to collect points. The player with the most points wins.

START	What have you been watching recently? 1 point >>>	Where have you been shopping lately? 2 points >>>	Who has helped you learn a new free-time activity? What was it? 1 point ↓
	What sports have you been watching or playing? ↓ 2 points	Have you been doing volunteer work lately? ←← 2 points	What kind of music have you been listening to recently? ←← 2 points
	What have you been doing on weekends lately? 2 points >>>	How long have you been learning English? 1 point >>>	Where have you been spending time with friends? 2 points >>>
			FINISH

Flip a Coin! 🎲 Heads 🟢 = move 1 space Tails 🟠 = move 2 spaces

- 4 **OVER TO YOU** Find a photo or video of a free-time activity that requires special skills. Share the information with your class.

GO ONLINE  
for grammar,  
vocabulary, and  
speaking practice

## NOW I CAN

## SPEAKING

- talk about free-time activities.

## GRAMMAR

- use the present perfect continuous.

## LISTENING

- understand a podcast about turning a hobby into a career.

## READING

- understand an interview about aerial photography.